



Modified Rules Under 8s – Under 10s

Age groups	Under 8s	Under 10 - Div 1	Under 10 - Div 2	Under 10 - Girls or Boys No divisions
Game duration	10 minutes skills 12 minute halves Half-time shots (2 per player)	20 minute halves No half time shots	18 minute halves Half-time shots (2 per player)	18 minute halves Half-time shots (2 per player)
Coach on the court	Yes - Must be out of the line of play	Yes - Walking the sidelines only	Yes - Walking the sidelines only	Yes - Walking the sidelines only
Limit of personal points per player	10 points (11 if the last comes from a field goal or a set of free throws). Players should then be encouraged to pass to teammates PENALTY = cancellation of points	No limit Players should be encouraged to pass to teammates	No limit Players should be encouraged to pass to teammates	No limit Players should be encouraged to pass to teammates



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Rules about substitutions	<p>Frequently, allowing for even court time for all players</p> <p>Management = players must request a substitution from the scorers bench.</p> <p>Referees will permit players to the court once advised at the next dead ball (whistle blown)</p>	<p>Frequently, allowing for even court time for all players</p> <p>Management = players must request a substitution from the scorers bench.</p> <p>Referees will permit players to the court once advised at the next dead ball (whistle blown)</p>	<p>Frequently, allowing for even court time for all players</p> <p>Management = players must request a substitution from the scorers bench.</p> <p>Referees will permit players to the court once advised at the next dead ball (whistle blown)</p>	<p>Frequently, allowing for even court time for all players</p> <p>Management = players must request a substitution from the scorers bench.</p> <p>Referees will permit players to the court once advised at the next dead ball (whistle blown)</p>
Defensive set up	<p>Player on Player- NO ZONE</p> <p>PENALTY = Reminder to the coach.</p> <p>Violation for repeated infractions</p>	<p>Player on Player- NO ZONE</p> <p>PENALTY = Reminder to the coach.</p> <p>Violation for repeated infractions</p>	<p>Player on Player- NO ZONE</p> <p>PENALTY = Reminder to the coach.</p> <p>Violation for repeated infractions</p>	<p>Player on Player- NO ZONE</p> <p>PENALTY = Reminder to the coach.</p> <p>Violation for repeated infractions</p>

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Pressing defence	<p>Set the defence behind the centreline.</p> <p>Encourage all players to find a player and tag them</p>	<p><u>Margin under 20 points:</u> Full court permitted</p> <p><u>Margin over 20 points:</u> Set defence within the defensive 3-point line</p> <p>Encourage all players to find a player and tag them</p>	<p><u>Margin under 20 points:</u> Full court permitted</p> <p><u>Margin over 20 points:</u> Set defence within the defensive 3-point line</p> <p>Encourage all players to find a player and tag them</p>	<p><u>Margin under 20 points:</u> Full court permitted</p> <p><u>Margin over 20 points:</u> Set defence within the defensive 3-point line</p> <p>Encourage all players to find a player and tag them</p>
Dribbling restrictions	<p>Player must pass the ball 3 times before a shot can be made.</p> <p>Aim: To allow all players to have a chance to handle the ball.</p> <p>PENALTY = No score, Violation</p>	<p>No restrictions</p> <p>Encourage all players to pass the ball and play as a team</p>	<p>No restrictions</p> <p>Encourage all players to pass the ball and play as a team</p>	<p>No restrictions</p> <p>Encourage all players to pass the ball and play as a team</p>
Time permitted in back court	Unlimited	Unlimited	Unlimited	Unlimited
Centreline violation	Coaches to educate about the rule. Umpire to remind players at next dead ball	Apply the rule	Coaches to educate about the rule. Umpire to remind players at next dead ball	Coaches to educate about the rule. Umpire to remind players at next dead ball



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Offence in the key	Rule does not apply Encourage movement	3 seconds maximum	5 seconds maximum Use discretion	5 seconds maximum Use discretion
Travel violations	Use discretion. 'Shuffling'- may be permitted if no advantage gained <u>Several steps in one direction-</u> must be called	Apply the travel rule	Use discretion. 'Shuffling'- may be permitted if no advantage gained <u>Several steps in one direction-</u> must be called	Apply the travel rule Use discretion
Double dribble	Use discretion Educate players	Apply the double dribble rule	Apply the double dribble rule Use discretion	Apply the double dribble rule Use discretion
Fouls	5 personal fouls. Forced substitution - player subbed to have a conversation with coach. Allowed to reengage with game. Substitution for each subsequent foul	5 personal fouls. Must be substituted. No further part in game	5 personal fouls. Must be substituted. No further part in game	5 personal fouls. Must be substituted. No further part in game



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3 pointers	Not permitted Count as 2 points	Not permitted Count as 2 points	Not permitted Count as 2 points	Not permitted Count as 2 points
Free throws shooter position	Reduced free throw line Bottom line of circle	Reduced free throw line Use discretion	Reduced free throw line Bottom line of circle	Reduced free throw line Use discretion
Ring height	Lowered Rings	Regular height	Lowered Ring	Lowered height first half of year
Finals	No	Yes	Yes No Half time shots	Yes No Half time shots