

Under 8 – Under 10 Rule Modifications 2021

Rule	Under 8 (Mixed)	Under 10 Div 2	Under 10 Boys Div 1
Game Duration	10 minutes of skills 12-minute halves Half time shots – 2 shots each player	18-minute halves Half time shots – 2 shots each player	20-minute halves No half time shots
Coach on the court	YES – must be out of the line of play	YES – must be out of the line of play	YES – walking the sidelines only
Limit of personal points per player	10 points (11 if the last 2 come from a field goal or a set of free throws) Players should then be encouraged to pass to teammates. PENALTY = Violation & cancel points	10 points (11 if the last 2 come from a field goal or a set of free throws) Players should then be encouraged to pass to teammates. PENALTY = Violation & cancel points	No limit
Rules about substitutions	Frequently, allowing for even court time for all players MANAGEMENT = Players must request a substitution from the score bench. Referees will permit players to the court once advised at the next dead ball period (Whistle blown)	Frequently, allowing for even court time for all players MANAGEMENT = Players must request a substitution from the score bench. Referees will permit players to the court once advised at the next dead ball period (Whistle blown)	Frequently allowing for even court time for all players MANAGEMENT = Players must request a substitution from the score bench. Referees will permit players to the court once advised at the next dead ball period (Whistle blown)
Defensive set-up	Man to man. No Zone PENALTY = Remind the coach. Violation for repeated infractions	Man to man. No Zone PENALTY = Remind the coach. Violation for repeated infractions	Man to man. No Zone PENALTY = Remind the coach. Violation for repeated infractions

Pressing defense	Set the defense behind the centerline. Encourage all players to find a player and tag them.	Set the defense behind the centerline. PENALTY = Talk to the coach. Violation for repeated infractions	<u>Margin under 20 points</u> : Full court defense permitted. <u>Margin greater than 20 points: Mercy Rule</u> Set defense behind the centerline. PENALTY = Talk to the coach. Violation for repeated infractions
Dribbling restrictions	Players must pass the ball 3 times, before a shot can be made. AIM: To prevent more skilled players from going 'coast to coast'. PENALTY = Violation	Players must pass the ball 3 times, before a shot can be made. AIM: To prevent more skilled players from going 'coast to coast'. PENALTY = Violation	No restrictions
Rule	Under 8 (Mixed)	Under 10 Div 2	Under 10 Boys Div 1
Time permitted in the backcourt	Unlimited	Unlimited	8 seconds maximum
Centerline Violation	Apply the rule (but use discretion)	Apply the rule (but use discretion)	Apply the rule
Offence in the key	Rule does not apply – encourage movement	Approximately 5 seconds. Use discretion	3 seconds maximum
Travel violations	Use discretion <u>'Shuffling'</u> – may be permitted if no advantage gained. <u>Several steps in one direction</u> – must be called	Use discretion <u>'Shuffling'</u> – may be permitted if no advantage gained. <u>Several steps in one direction</u> – must be called	Apply the travel rule
Double dribble	Use discretion. Teach as you go.	Not permitted	Not permitted
Fouls	5 Personal Fouls must be substituted. No further part in the game.	5 Personal Fouls must be substituted. No further part in the game.	5 Personal Fouls must be substituted. No further part in the game.

3 point shot successful	Not permitted – count as 2 points	Not permitted – count as 2 points	Not permitted – count as 2 points
Free throw shooter position	Reduced free throw line bottom of circle	Reduced free throw line bottom of circle	Reduced free throw line
Ring height	Lowered rings	Lowered rings	Regular ring height